Hints on Using Bathroom Scales

Moving your scale around frequently may affect its accuracy, so if possible, try to leave it in a permanent position that has a firm and even surface. After moving it, ensure it shows zero correctly before using it again.

Body weight varies with a number of factors including the amount of food recently eaten, the amount of waste recently expelled by the body, vigorous exercise and of course, the clothes you wear. If possible, try to weigh yourself at the same time of day under the same conditions and with the same clothes on, or preferably no clothes on. This will reduce the chance of getting unexplained variations in weight.

Do not try to compare your weight on a number of scales. You may find you get different readings, which can be frustrating and confusing. The differences could be due to some scales being slightly inaccurate and/or your own body weight varying due to one or more of the factors mentioned above.

Even if a scale appears slightly inaccurate, it will normally give you an accurate measurement of the variance in your weight from the previous times you weighed yourself. Most people purchase a scale to monitor their weight every now and then or to monitor loss or gain of weight during a loss / gain program they have chosen. If you regularly use the same scale under the same conditions, it should monitor changes in your weight accurately.

Caring for your Scale

When necessary, wipe the glass platform with a slightly damp cloth. Avoid the use of corrosive cleaners.

Do not immerse the scale in water

Handle the scale with care. Do not jump or pound on it.

Do not attempt to dismantle the scale. It does not contain parts that may be repaired by the user.

Do not subject the scale to extreme temperatures. Avoid placing it in direct sunlight

Remove the batteries if the scale is not being used for a long period of time.

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Propert Housewares
A division of
SUPERTEX INDUSTRIES PTY LTD
- a wholly-owned Australian company
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propert®

180kg glass digital bathroom scale

In your home since 1920

Model 3181

Name: Eclipse Bathroom Scale

Operating Instructions

OPERATING INSTRUCTIONS

Before use, please read the instructions carefully to ensure the correct operation of the scale.

Preparing your scale

Before attempting to use your Propert Glass Digital Bathroom Scale, remove all packaging.

1. Purchase 4 x AAA alkaline batteries and insert into the battery compartment located under the scale. Make sure the batteries face the one direction as shown. Then clip the battery cover back in place.

2. Before stepping onto the scale, select the unit measure for Kilograms (kg), Pounds (lb) or Stones (st) by pressing the conversion button found underneath the scale.

3. Place your scale on a firm and even surface. Use on soft or uneven surfaces may result in inaccurate readings.

4. Then gently step onto the scale. When standing on your scale, make sure your feet are placed evenly on it, your weight is distributed evenly between your feet and you stand perfectly still. Movement, leaning backward or forward and not standing evenly on your scale, will affect the accuracy of the weight displayed.

5. Computation will take place and once stabilised, will display your actual weight reading.

Automatic Switch-Off

The scale will automatically switch off after approximately 15 seconds, whether or not you are still on it.

Overloading

If the scale is overloaded (over 180kg / 28st / 397lb), 'Err' appears on the display. Remove the weight immediately or damage to the scale may occur.

Low battery indicator

When 'Lo' displays on the screen, the batteries must be replaced. Remember, always use fresh, good quality alkaline batteries.

How to insert or remove the batteries

1. Turn the scale upside down and with your thumb, slide the plastic lid to dislodge it.

2. Remove the spent batteries, then insert 4 x fresh, new AAA alkaline batteries facing the one direction as shown. Securely replace the compartment cover.

BATTERY WARNING:

INTERNAL BURNS / CHOKING HAZARD

Swallowing batteries may lead to serious injury or death (severe burns can occur within 2 hours).

IMMEDIATELY SEE A DOCTOR

Emergency Telephone Numbers
AUSTRALIA 000 NEW ZEALAND 111

Poisons Information Centre
AUSTRALIA 13 1126 NEW ZEALAND 0800 764 766

KEEP BATTERIES OUT OF REACH OF CHILDREN

Dispose of batteries immediately and responsibly

WARNING ABOUT BATTERIES

- KEEP OUT OF REACH OF CHILDREN.
- Batteries are harmful if swallowed.
- Batteries are to be inserted with the correct polarity.
- Remove the battery from the battery compartment when not in use for long periods.
- Never throw batteries in a fire or attempt to open up their outer casing.
- Dispose of old batteries responsibly.

Specifications

6mm thick tempered glass platform

Blue LED

Weighs in kilograms (kg), stone and pounds (st lb) or pounds (lb)

Capacity - 180kg / 28st / 397lb

Weight graduation - 100g / 0.2lb (1lb> 20st) / 0.2lb

Battery - 4 x AAA Alkaline batteries (not included)

Equipped with high precision 'strain gauge' sensors